

Persevering When Life Is Hard

Luke 22:39-46

Jesus: Learning From The Savior

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Luke 22:39-46 - Learning to Overcome Like Jesus in Gethsemane

³⁹ Jesus went out as usual to the Mount of Olives, and his disciples followed him. ⁴⁰ On reaching the place, he said to them, "Pray that you will not fall into temptation." ⁴¹ He withdrew about a stone's throw beyond them, knelt down and prayed, ⁴² "Father, if you are willing, take this cup from me; yet not my will, but yours be done." ⁴³ An angel from heaven appeared to him and strengthened him. ⁴⁴ And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground. ⁴⁵ When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow. ⁴⁶ "Why are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation."

Main idea: Life can sometimes be hard. Jesus persevered and so can you.

5 Ways To Persevere Like Jesus

1. Build habits of strength before you enter your garden.

"Jesus went out as usual to the Mount of Olives, and his disciples followed him." —Luke 22:39

2. Seek strength in solitude and prayer.

"He withdrew about a stone's throw beyond them, knelt down and prayed." —Luke 22:41

3. Keep surrendering to God's will.

"Father, **if** you are willing, take this cup from me; yet not my will, but yours be done." —Luke 22:42

4. Trust God's supernatural help.

"An angel from heaven appeared to him and strengthened him." —Luke 22:43

5. Be persistent. The power of the MORE.

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