

Living A Blessed Life

Life Passages: Scriptures We Return to Again and Again

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Introduction

Psalm 119:1-3 - Living A Blessed Life

Blessed are those whose ways are blameless, who walk according to the law of the LORD. ² *Blessed* are those who keep his statutes and seek him with all their heart—³ they do no wrong but follow his ways.

See how much the Psalmist loves and delights in God's Word in verses 14, 16, 47-48, 72, 111, 127-128, 129, 140.

Main Idea: The blessed person delights in and lives according to God's Word.

4 Ways You Are Blessed By Delighting In And Living According To God's Word

1. It helps keep you from sinning.

I have hidden your word in my heart that I might not sin against you.
(Vs. 11)

How can a young person stay on the path of purity? By living according to your word. (Vs. 9)

2. It gives you wisdom and guidance.

Your statutes are my delight; they are my counselors. (Vs. 24)

Your word is a lamp for my feet, a light on my path. (Vs. 105)

Your commands are always with me and make me wiser than my enemies. ⁹⁹ I have more insight than all my teachers, for I meditate on your statutes. ¹⁰⁰ I have more understanding than the elders, for I obey your precepts. (Vs. 98-100)

3. It strengthens and comforts you when you are weary.

My soul is weary with sorrow; strengthen me according to your word.
(Vs. 28)

My comfort in my suffering is this: Your promise preserves my life.
(Vs. 50)

Great peace have those who love your law, and nothing can make them stumble. (Vs. 165)

4. It equips you to live in freedom.

I will walk about in freedom, for I have sought out your precepts.
(Vs. 45)