

# Real Solutions For Failure, Guilt and Shame

*Real Talk*

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**Main idea:** In your failures, guilt and shame, you can be forgiven, restored and used by God in the future. It's a process and it must happen in this order.

## Follow This 3-Step Process For Full Restoration

### Introduction

1. Lord, forgive me. (*Ps. 51:1-11*)

### 2 Samuel Chapter's 11-12 - David's Failure

2. Lord, restore me. (*Psalms 51:12*)

### Psalm 51 - David's Repentance

*Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.<sup>2</sup> Wash away all my iniquity and cleanse me from my sin.<sup>3</sup> For I know my transgressions, and my sin is always before me...<sup>7</sup> Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow.<sup>8</sup> Let me hear joy and gladness; let the bones you have crushed rejoice.<sup>9</sup> Hide your face from my sins and blot out all my iniquity.<sup>10</sup> Create in me a pure heart, O God, and renew a steadfast spirit within me.<sup>11</sup> Do not cast me from your presence or take your Holy Spirit from me.*

3. Lord, use me. (*Ps. 51:13*)

<sup>12</sup> *Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.*

<sup>13</sup> *Then I will teach transgressors your ways, so that sinners will turn back to you.*