## **Overcoming Temptation**

Follow: A Better Path For A Better Life March 4th, 2018 Associate Pastor; Care: Rick Higgins

## Main Idea: You can overcome temptation by following the <u>example</u> of Jesus.

# 1. You will be tempted <u>physically</u> (the lust of the <u>flesh</u>).

## Delivering truth #1 - You are a spiritual being and you can walk by the <u>Spirit</u> rather than the flesh.

Jesus answered, "It is written: 'Man shall not live on bread alone.'" Luke 4:4

## 2. You will be tempted to be <u>worldly</u> (the lust of the <u>eyes</u>).

Delivering truth #2 - You are to put <u>God</u> first in your life.

Jesus answered, "It is written: 'Worship the Lord your God and serve him only.'" Luke 4:8

### 3. You will be tempted <u>spiritually</u> (the <u>pride</u> of life).

#### Delivering truth #3 - You are not presume upon God.

Jesus answered, "It is said: 'Do not put the Lord your God to the test.'" When the devil had finished all this tempting, he left him until an opportune time. Luke 4:12-13

## A Prescription for getting on top of temptation

### **T–** Take every thought <u>captive</u>

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. **2 Corinthians 10:5** 

## **O**– Offer yourself as a living <u>sacrifice</u>

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. **Romans 12:1** 

### P- Pray for <u>deliverance</u>

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak." **Matthew 26:41**