

Group Prayer Formats

Circle Prayer Pray around the circle - squeeze hand to pass

Jump Start *Begin* (rather than end) group with requests and prayer time

Index Card Swap Write personal request on index card, each member draws one & prays for person through the week. Add cell phone #s and names for more bonding.

Prayer Buddies Split up into 2s or 3s, each share one specific need, pray for other's request and remember to also pray throughout the week

A to Z Pray God's names and attributes from A to Z- each person prays one- Abba, Beautiful, Caring, Deliverer, Everlasting, Father, etc.

Prayer Walk Walk around the neighborhood where you meet or the church praying for topics as Holy Spirit uses visual prompts to bring things to mind.

Pray Scripture Insert "I" or "me" or person's name for whom you are praying. Type up scriptures before group time or email ahead to give timid pray-ers a chance to prep. For ex:

1 Thessalonians 3:13 May he [Dear Lord] strengthen your [my] hearts so that you [I] will be blameless and holy in the presence of our God and Father when our Lord Jesus comes with all his holy ones. or...

"Dear Lord, please strengthen my heart so I will do what is right. Give me your grace to make decisions that lead to holiness."

Journal Purchase a prayer journal and delegate a prayer captain. Record requests and answers. Prayer captain updates journal weekly and sends out a monthly praise report to group.

Hot Seat Group member/s with a specific burden or need sits in center of group. Group lays hands on member/couple and prays, listening for Holy Spirit and keeping prayers brief so all can take turns.

Pray the Bible Choose a biblical prayer, read it aloud and then enter into conversational prayer. Here are a few for starters: A prayer for blessing: 1 Chronicles 4:10; A prayer for protection: Psalm 91; A prayer of worship: Psalm 8; A prayer of repentance: Psalm 139:23-34

Lord's Prayer Divide Matthew 6:9-13 into several chunks and pray weekly from the corresponding phrase. For example, week 1: Our Father in Heaven-Praise God for who He is and name His attributes together. Wk 2: Your kingdom come, your will be done-pray God's rule and reign in each life & circumstance.

Conversational Prayer Converse as a group with Jesus, each taking turns and listening to one another.

- **Stay with one topic at a time**, allowing someone else to add to that topic before proceeding. Build on the prayers of others, as in a conversation. Stay on the topic until everyone who wishes to contribute has had an opportunity.
- **Proceed topically**. When a topic is complete, someone—not just the leader—can move on to the next topic.