

Radical Mentoring for Women | Next Steps Upon Graduation

A disciple of Jesus is a person who:

- Is following Christ (head)
- Is being changed by Christ (heart)
- Is committed to the mission of Christ (hands).

What will this look like?

The Greatest Commandment
(Love God and Love People)
Matthew 22:37-40

The Great Commission
(Go and make disciples)
Matthew 28:18-20

Keep In Mind...

Dive in! God has equipped you specifically- he will empower you and help you grow as you go!

For growth, you will continuously need the Word of God, the Spirit of God, and the people of God.

Your growth is ultimately your responsibility, and the church exists to equip you toward maturity and for ministry.

At LifePark, we believe we grow more spiritually when we are connected relationally. We don't graduate from needing to be in relationship with others, so we will always point you to groups at LifePark

Ask God to empower you and lead you into your next steps. Respond to Him by taking them.

AND FINALLY, Mind the Gap!
Often, people want to take a break when they finish this program, be careful of the lure to get out of the habit of meeting with God, meditating on His Word daily, and living in fellowship with other followers of Jesus.

At LifePark, we are living life to the full through knowing Christ, growing in relationships, and sharing the Gospel.

In light of this, what are some next steps that you can take after Radical Mentoring to live life to full by maturing as a follower of Jesus?

Knowing Christ: Growing personally as a Disciples of Jesus:

- Daily Devotional Time with God - Prayer and Scripture Intake
- Establish and practice: Personal Ministry Plan, Spiritual Health Plan, or Rule of Life
- Prioritize attending/engaging regularly in weekly worship and monthly prayer services
- Grow in the disciplines of Bible Reading/Study, Prayer, and Fasting
- Exploration, practice, and growth in other Spiritual habits
- Practice yielding to the Holy Spirit and submitting every area of your life to the Lordship of Christ (Trust + Obey)

Grow in Relationships: Connect to One Another within the Church

- **Participate in Groups at LifePark** - join a group and contribute significantly by leading the way in connecting, sharing, and serving in the group
 - **LifeGroups** - This is our primary environment for growing in relationships at LifePark
 - Join a group and be a great group member. Help set the tone and lighten the load for the group leader.
 - Build and lead the kind of group you want to be in. (Yes, start and lead a group! Noah and Anna will gladly help equip you for this. 'LifeGroups' is an intentionally broad category that houses a variety of types of groups ranging in size, content, focus, and length.)
 - **Prayer Cohorts** - connect relationally and grow in prayer
 - **Biblical Education Classes** - deepen your knowledge of certain aspects of the faith
 - **Care Groups** - participate in a group focused on care and healing
 - **reengage** - bless your marriage by participating with your spouse in a semester together
 - **Mentoring** - give away what someone has given to you- you'll grow as you lead
 - Serve as a 1:1 Mentor
 - Return to RM4W as an apprentice next year

Adult Discipleship environments at LifePark exist to help people become fully mature followers of Jesus Christ. (Col 1:28)

- **Serve on Sunday mornings** or at a different time in a ministry area according to your time, talents, or spiritual gifts.
- **Join the church:** If you aren't already a member of LifePark, become one through the LifePark Connect class. Participate in Baptism if you have not done so already.

Share the Gospel: Obey the Great Commission, follow Jesus fully

- Pray intentionally for the lost and create margin in your schedule to slow down for gospel conversations and interactions.
- Share the Gospel in your **sphere of influence**. (Be who you are, where you are, and share the gospel as you go.)
- Serve with a **local outreach partner** through LifePark.
- Go on a **mission trip** with LifePark- local, national, and global contexts.

*Check out resources for growth in everyday evangelism and start putting what you've learned into practice. (Check out **One to One Bible Reading and Discovery Bible Study** and consider asking someone to dive in with you!) Find more resources on the LP website.*

Maturity: We move from self-centered to others-centered; from consumers to contributors; from spiritual infants to spiritual grandparents; and it means we love and seek God on his terms, every area of our lives brought under the Lordship of Christ. Obedience to King Jesus is a mark of maturity and an expression of our love for Him.